



Differentiated ART delivery – Experiences from Nigeria

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Differentiated ART delivery approaches for West and
Central Africa: From pilots to plans for scale-up

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HIV epidemic in Nigeria

- 2018 Nigeria HIV /AIDS Indicator and Impact Survey (NAIIS)
- HIV prevalence -1.4% (1.9 million people)
- Over 1 million people on treatment





DSD in Nigeria's national HIV policy

- First reflected in 2016 National Guideline
- Many implementing partners started rolling out one form of DSD model
 - Limited coordination
- A lot of implementing partners have been reporting successes
 - Limited data to support “successes”



National DSD implementation plan

- Led by FMOH through NASCP, started in 2017
- Supported by WHO
- Included comprehensive data review
 - Implementing partners, hospital staff, people living with HIV, community service organizations, FMOH staff
 - Questionnaires, focus group discussions, key informant interviews, site visits
- Held stakeholders meeting
- Report sent to M&E and national reporting tools are under development



Example 1: Community pharmacies

- Overview: Provide ART through registered private pharmacies linked with ART facilities
 - Pharmacies must be will to perform all drug dispensing, patient monitoring and documentation
 - Not available to pregnant women or children under 5 years
 - Clients come for refill a minimum of 3 months. Every 6 months, the CP refers them back to the facility ; psychosocial support is given at every clinic visit and by community pharmacist during drug pick-up
- Outcomes:
 - 22,954 PLHIV devolved
 - 45 Health facilities included
 - Most acceptable among clients, enjoy convenience, absence of congestion, privacy, cordial and quality interaction



Example 2: Multi-month scripting

- Overview: Extended ART refills
 - Not entirely new
 - Nurses are trained to triage stable clients directly to drug pick up
 - 3 or 6 months dispensed (clinical consultation 6 monthly)
- Outcomes: High uptake at hospitals, reduced # of hospital visits, reduces costs for clients and reduces stress for health care workers



Plans for scale up of differentiated ART delivery

- Scale-up plans are underway
- Focus has been on high burden facilities
 - Now shifting to medium and lower volume sites
 - Plan is to get all ART facilities in the country to start practicing one form of DSD irrespective of the number of clients
- Models with less uptake will be launched nationally and trainings conducted to create more awareness and demand