

Bringing PrEP closer to home: Why diversifying service models matters

AVAC, PATH, International AIDS Society (IAS)













Taking PrEP online: Project PrEP in South Africa

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Overview of Project PrEP

The goal of the project is to contribute to a decrease in the incidence of HIV among AGYW (age 15-24) in South Africa.

The aims of the project are to strengthen demand, uptake and retention for comprehensive prevention services including oral PrEP:

Increase accessibility of PrEP for eligible AGYW population (15-24) in project implementation areas

- Develop strategies to identify AGYW at highest risk
- Test various demand creation strategies
- Test different HIV screening/testing mechanisms

Demonstrate effective delivery models and appropriate use of PrEP amongst adolescents

- Reach over 600 000 AGYW and initiate 6640
- Access AGYW through public facilities
- Offer, initiate and retain AGYW on PrEP

Generate and disseminate evidence on the use of PrEP in real life settings

- Learn about how to deliver HIV prevention services, PrEP specifically, to AGYW
- Gather evidence on cost-effective and successful service delivery mechanisms and interventions
- Inform future scale up by NDoH of PrEP provision



Building blocks of Project PrEP

Pre COVID-19

	PrEP Screening, initia months)	PrEP continuation (+3 months)				
	Community engagement and demand creation	Screening	PrEP initiation visit	Initial follow- up	PrEP refill	Routine clinical follow-up
WHEN Service frequency	Prior to project launch and ongoing throughout	1 st visit	1 st visit	Month 1	Every month	Month 4 & 7
WHERE Service location	Project clusters with a focus on reaching communities where they are	In-clinic & mobile clinic	In-clinic & mobile clinic	In-clinic & mobile clinic	In-clinic & mobile clinic	In-clinic & mobile clinic
WHO Service provider	Project staff with the support of CBOs	Clinic (DoH) & mobile team	Clinic (DoH) & mobile team	Clinic (DoH) & mobile team	Clinic (DoH) & mobile team	Clinic (DoH) & mobile team
WHAT Service package	Stakeholder engagements, community dialogues, community radio, outreach, youth VIP parties	PrEP, HIV prevention – integrated SRH	PrEP, HIV prevention – integrated SRH	PrEP, HIV prevention – integrated SRH	Medication pick-up	PrEP, HIV prevention – integrated SRH
HOW Digital innovation	Social media: Facebook, Twitter, Instagram, websites, chat bot	Social media driver	Social media driver	WhatsApp, telephone	WhatsApp, telephone	WhatsApp, telephone



NDoH guidance on PrEP provision during COVID-19

Providing prevention services for persons at increased risk for HIV infection (Highlights)

Managing New Clients

- Social mobilization activities curtailed but demand creation for PrEP continues
- New clients should not be denied these services.

Managing existing clients

- Provided with at least 2 month's supply of pre-packed medication (if available stock permits).
- Collection can be arranged at alternative pick up points in the community, where possible
- Ongoing/routine support for continued use telephonically/WhatsApp/SMS.
- Appropriate COVID-19 infection control and prevention protocols observed at all times.

Continued support for capacitation of health facilities for implementation of PrEP

Partners continue to support PrEP implementation and capacitation of facility staff through available online & offline tools

Monitoring and Reporting

Partners continue to capture PrEP and related data and comply with reporting requirements during this period.



Adaptations made to Project PrEP in light of COVID-19







Online strategy: Intensified measures for reach and engagement

- Intensified engagement, information and monitoring of online platforms:
 - Social media budget doubled
 - MyPrEP chat bot, Sister Unathi, updated with COVID-19 information to support client Q&A both on Facebook and myprep.co.za.
- Demand Creation site staff trained and equipped to deal with outreach and service delivery
- Developed role specific job aids to assist integrated PrEP, ART and COVID-19 messaging and social mobilization
- All online communication geared towards driving clients to either Project PrEP-supported facilities or reaching out to ascertain a need for medication drop-off or collection
- Clients presenting at clinics or outreach spots, especially AGYW, are identified and moved to small group discussions and a focus on 1-to-1 interactions that lead to HIV testing, PrEP initiations and SRH needs.



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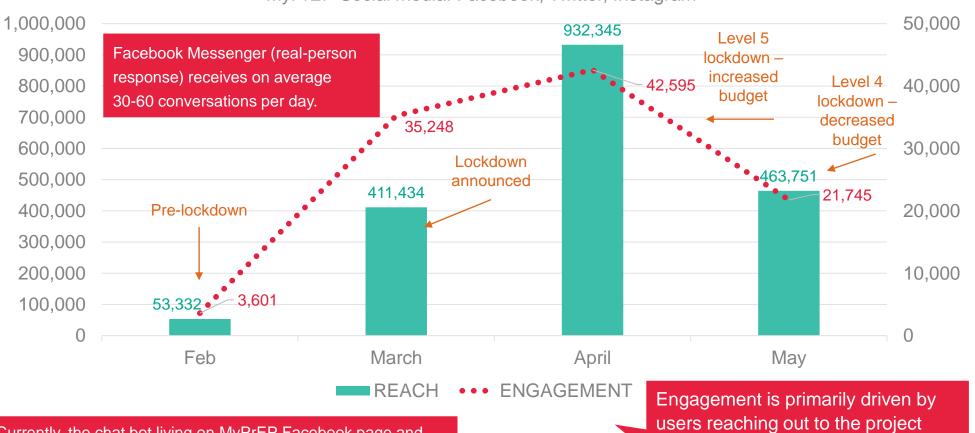
People Reached

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Engagement

Boost Again

Online reach and engagement trends during lockdown



MyPrEP Social media: Facebook, Twitter, Instagram

Currently, the chat bot living on MyPrEP Facebook page and website has approx. 5 000 conversations per month with a 85% positive feedback rate – dependent on boosting budget!

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which demonstrates online interest:

Building blocks of Project PrEP

Post CC

st VID-19		PrEP Screening, in	PrEP continuation (+3 months)				
		Community engagement and demand creation	Screening	PrEP initiation visit	Initial follow-up	PrEP refill	Routine clinical follow-up
	WHEN Service frequency	Prior to project launch and ongoing throughout	1 st visit	1 st visit	Month 1	Every 2 months	Month 4 & 7
	WHERE Service location	 Mobile clinic near clinic / Mobile outreach Min in-clinic 	Mobile clinic near clinic / Mobile outreach	Mobile clinic near clinic / Mobile outreach	 Home deliveries Remote location set up for pickup and drop off Community spots convenient to AGYW 	 Mobile clinic Remote location set up for pickup and drop off Community spots convenient to AGYW 	 Mobile clinic near clinic / Mobile outreach Min in-clinic
	WHO Service provider	 Mostly mobile team Some clinic (DoH) 	 Mostly mobile team Some clinic (DoH) 	 Mostly mobile team Some clinic (DoH) 	Mobile team	 Mostly mobile team Some clinic (DoH) 	 Mostly mobile team Some clinic (DoH)
	WHAT Service package	Stakeholder engagements, community radio, outreach,	PrEP, HIV prevention – integrated SRH	PrEP, HIV prevention – integrated SRH	PrEP, HIV prevention – integrated SRH	Medication pick-up	PrEP, HIV prevention – integrated SRH
	HOW Digital innovation	Doubled social media efforts, chat bot updated	Mobile clinic schedule boosted on social media	Mobile clinic schedule boosted on social media	Intensified WhatsApp, telephone	Intensified WhatsApp, telephone	Intensified WhatsApp, telephone

Project PrEP





AGYW tested and initiated on PrEP

March-May 2020, including during COVID-1 lockdown





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PrEP Initiations: All vs AGYW before and during national lock down



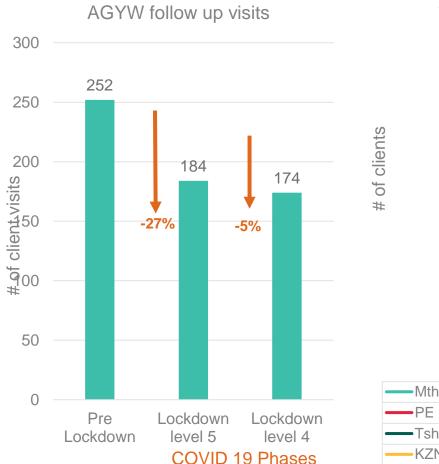
Period

AGYW

Sees VIRTUAL

PrEP follow up visits: Mar-May 2020

AGYW



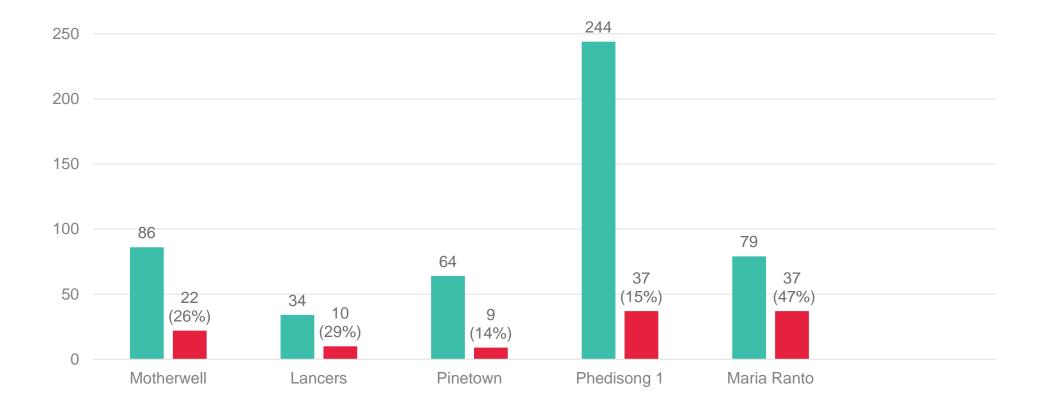
ALL





PrEP continuation, by site

Intensified telephonic follow up helped to assist with continuation





Key learnings and challenges over lockdown

- Online platforms needed to be leveraged
- Initiation and continuation were seriously affected by initial lockdown phase 5 (hard lockdown)
- Projects need to pivot rapidly respond to changing situations
- Communication is key when pivoting
- Intensified telephone follow-ups and decentralized approaches proved successful in bringing clients into services and keeping them coming back
- Integrated service delivery can continue and there is a demand for services



My PrEP

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