

# DIFFERENTIATED PrEP IN PRACTICE: Mobile PrEP: Diversifying PrEP delivery in Kenya to reach adolescent girls and young women

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# Background and overview of PrEP program

- PATH implements DREAMS programming in high HIV-burden counties in Western Kenya under the USAID-funded Afya Ziwani project.
- Goal of reducing new HIV infections among vulnerable adolescent girls and young women (AGYW) aged 15-24.
- Implement core package of evidence-based interventions as a combination prevention approach.
- PrEP is an essential biomedical prevention intervention offered to empower AGYW at an elevated risk of HIV.



# Building blocks of the Afya Ziwani PrEP program: Pre-COVID-19

	PrEP screening, initiation, and early follow-up (0-3 months)				PrEP continuation (+3 months)
	PrEP Education Demand Creation	Screening	Initiation	Initial follow-up	Routine clinical follow-up
WHEN	Weekly, Continuous	Same day		After 1 month	Month 3
WHERE	Clinic, Safe Space	Safe space	Clinic/Safe Space	Clinic/Safe Space	Clinic
WHO	HCW	Mentor	HCW	HCW	HCW
WHAT	PrEP, HIV prevention	AGYW risk eligibility for PrEP	Clinical eligibility, adherence ability.	Physical exam, adherence monitoring etc.	Clinical follow-up
HOW	Health talks, counselling	Rapid Assessment Screening Tool (RAST)	HIV test, clinical exam, prescription	HIV Test, PrEP counselling, PrEP Refill (MMD as applicable), FP, STI, pGBV services.	HIV Test, PrEP counselling, PrEP Refill (MMD as applicable), FP, STI, pGBV services.

# Effects of COVID-19 outbreak on Afya Ziwani's PrEP program

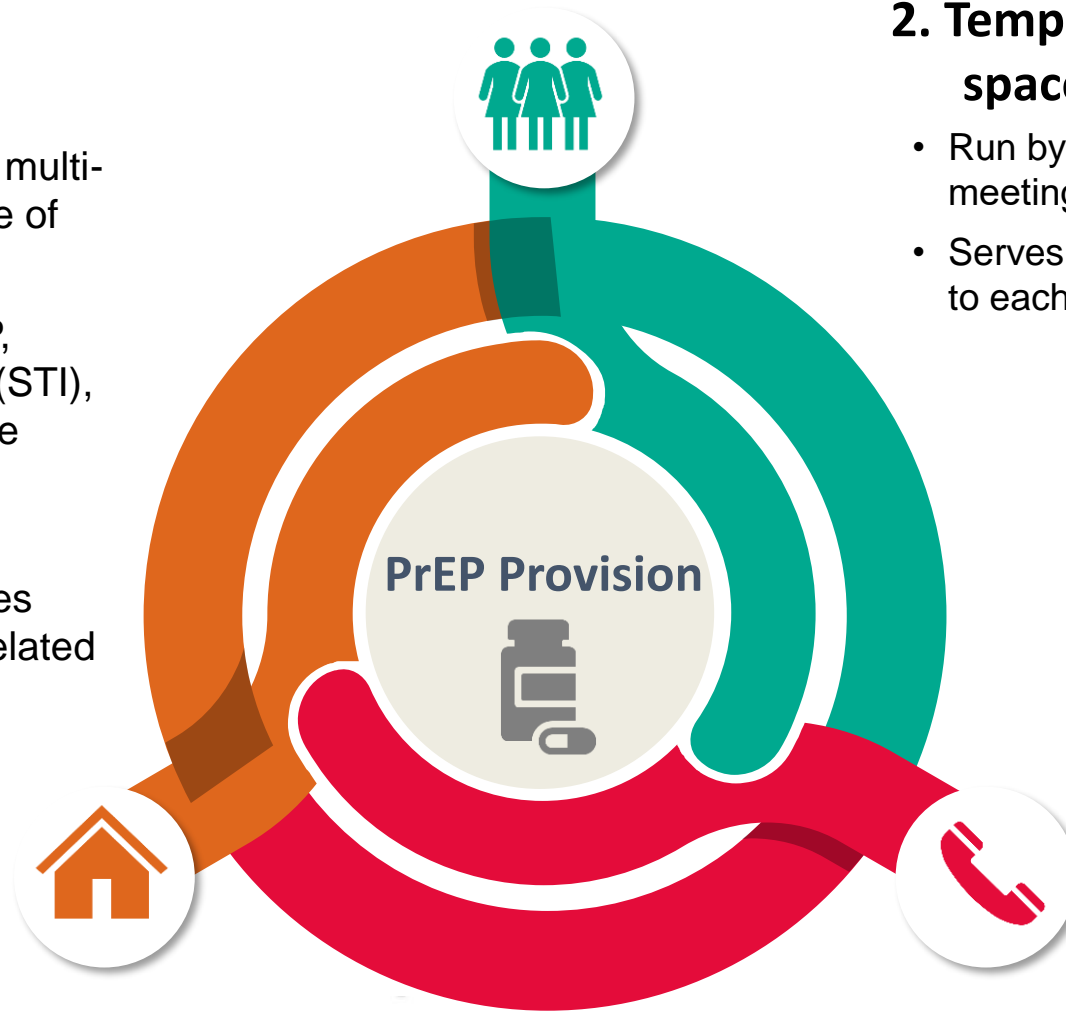


- Government-imposed COVID-19 prevention protocols and limitations on group gatherings lead to safe space closures and suspension of demand creation activities.
- Curfews limit AGYW movement.
- Limited access to masks restrict AGYW's access to health facilities and health care workers.
- Increase reports of gender-based violence.
- Risk of losing gains made in PrEP service delivery pre-COVID (e.g., continuation; demand creation).

# COVID-19 response: Shifts towards differentiated PrEP delivery

## 1. Home delivery

- AGYW aged 15-24 opt to have multi-month PrEP provided at a place of convenience (e.g., home).
- Counseling and referrals for FP, sexually transmitted infections (STI), and post gender-based violence services integrated into service package.
- Health care worker accompanies mentors to provide PrEP and related services to AGYW at home.



## 2. Temporary “mobile” safe space

- Run by by PrEP Ambassadors/mentors; meetings held at PrEP ambassadors’ home.
- Serves well for AGYW living in close proximity to each other.

## 3. Virtual safe space and outreach

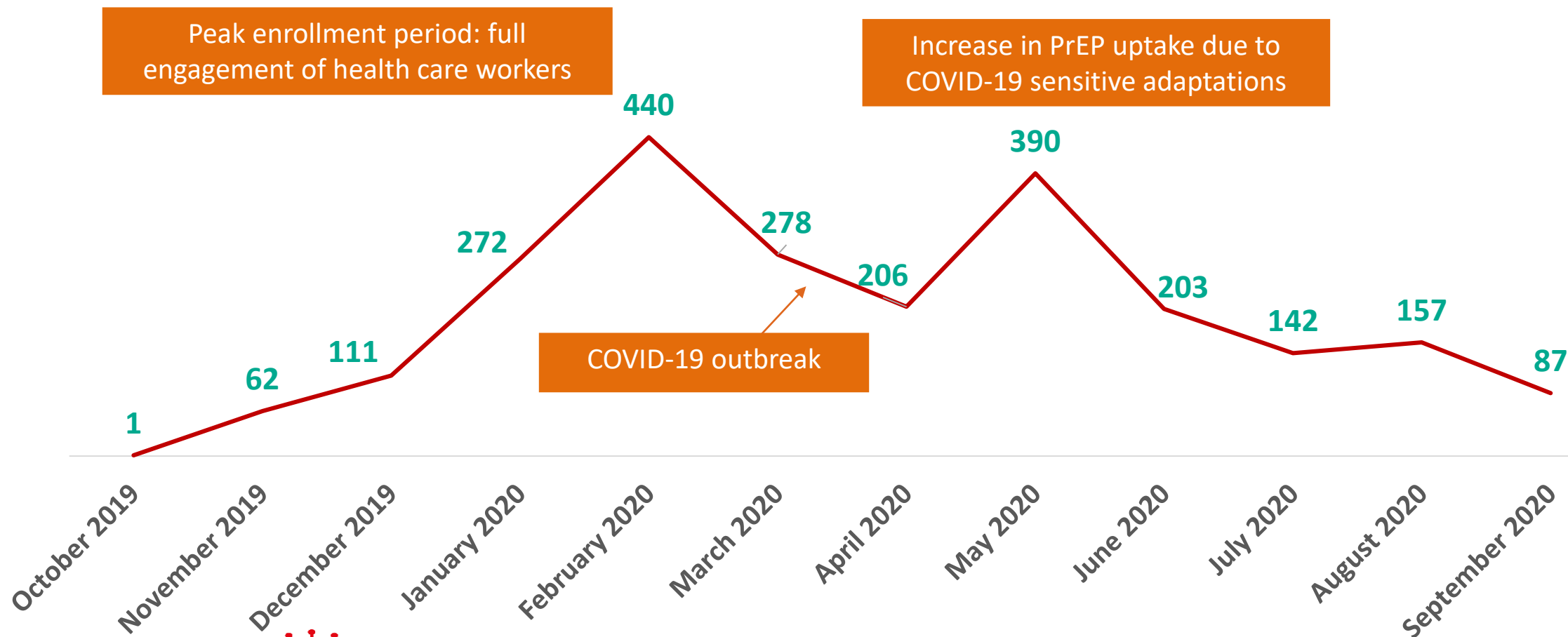
- Led by mentors/PrEP Ambassadors, who are equipped to host virtual forums.
- Increased use of virtual contact (calls, text messages, WhatsApp) to provide PrEP services.
- Digital PrEP and COVID-19 materials (videos, fact sheets, FAQs, posters) shared.

# Adaptations made (and sustained) in response to COVID-19

	PrEP screening, initiation, and early follow-up (0-3 months)				PrEP continuation (+3 months)
	PrEP Education Demand Creation	Screening	Initiation	Initial follow-up	Routine clinical follow-up
WHEN	Daily, Continuous	Same day		After 1 month	Month 3
WHERE	Clinic, Temp. Safe Space, home, virtual platforms	Temporary safe space, home, virtual platforms	Clinic, temporary safe space, home	Clinic, temporary safe space, home	Clinic
WHO	HCW, mentor, PrEP Ambassador	Mentor, PrEP Ambassador	HCW	HCW, Mentor	HCW, mentor
WHAT	PrEP, HIV & COVID-19 prevention.	AGYW risk eligibility for PrEP	Clinical eligibility, adherence ability.	Physical exam, adherence monitoring etc.	Clinical follow-up
HOW	Health talks, counselling, virtual platforms, telephone	PrEP Rapid Assessment Screening Tool (RAST)	HIV test, clinical exam, prescription	HIV Test, PrEP counselling, PrEP Refill (MMD as applicable), FP, STI, pGBV services.	HIV Test, PrEP counselling, PrEP Refill (MMD as applicable), FP, STI, pGBV services.

# Monthly PrEP enrollment before and during COVID-19

Figure: PrEP\_NEW enrollment among AGYW by month, October 2019—September 2020





“  
When the doctor comes to your home to bring you PrEP, you even have more time to ask questions and they listen to you more. You can even talk about other things you want like family planning.”

- Hellen Otieno, AGYW,  
Manyatta, Kisumu

## Where to from here? Plans for differentiating PrEP moving forward

- Adopting COVID-19 innovations into ongoing programming.
- Enhancing the capacity of mentors and PrEP Ambassadors to conduct high-quality community-based PrEP delivery.
- Investing in greater use of online/virtual platforms to better reach AGYW.
- Increasing offering of services by HCWs at safe spaces—HCW outreach more acceptable to AGYW when provided at safe spaces (versus health facilities).
- Continuing to further differentiate PrEP delivery to improve PrEP continuation and offer “PrEP-in-combination” with other prevention strategies—enables AGYW able to better tailor services to their needs.

<ul style="list-style-type: none"> <li>Condom provision</li> <li>PrEP Provision<sup>1</sup></li> <li>Contraceptive Mix (Provision)<sup>2</sup></li> <li>Post-violence Care</li> <li>Combination Socio-economic Approaches</li> <li>Education subsidies<sup>3</sup></li> <li>Cash transfer</li> </ul>	<ul style="list-style-type: none"> <li>Condom provision</li> <li>PrEP Provision<sup>1</sup></li> <li>Contraceptive Mix (Provision)<sup>2</sup></li> <li>Post-violence care</li> <li>Combined socio-economic approaches</li> <li>Cash transfer</li> </ul>	<ul style="list-style-type: none"> <li>PREP IEC offered to 18-24 year olds only</li> <li><sup>1</sup> Only for AGYW ages 18-19 years</li> <li><sup>2</sup> Contraceptive Mix includes provision and active referrals</li> </ul>
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Empowered AIDS-Free Mentored Safe

## CORONAVIRUS COVID-19

Most people who become infected with COVID-19 experience mild illness and recover, but it can be more severe for others. Follow all public health recommendations and guidelines.

**How to prevent the spread of COVID-19:**

- WASH YOUR HANDS FREQUENTLY**  
Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.
- MAINTAIN SOCIAL DISTANCING**  
Maintain at least 1 metre (3 feet) distance between yourself and anyone who is coughing or sneezing.
- AVOID TOUCHING EYES, NOSE AND MOUTH**
- PRACTICE RESPIRATORY HYGIENE**  
Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.
- IF YOU HAVE FEVER, COUGH AND DIFFICULTY BREATHING, SEEK MEDICAL CARE EARLY**  
Stay home if you feel unwell, cough and have a fever, seek medical care.



**Thank you!**

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