

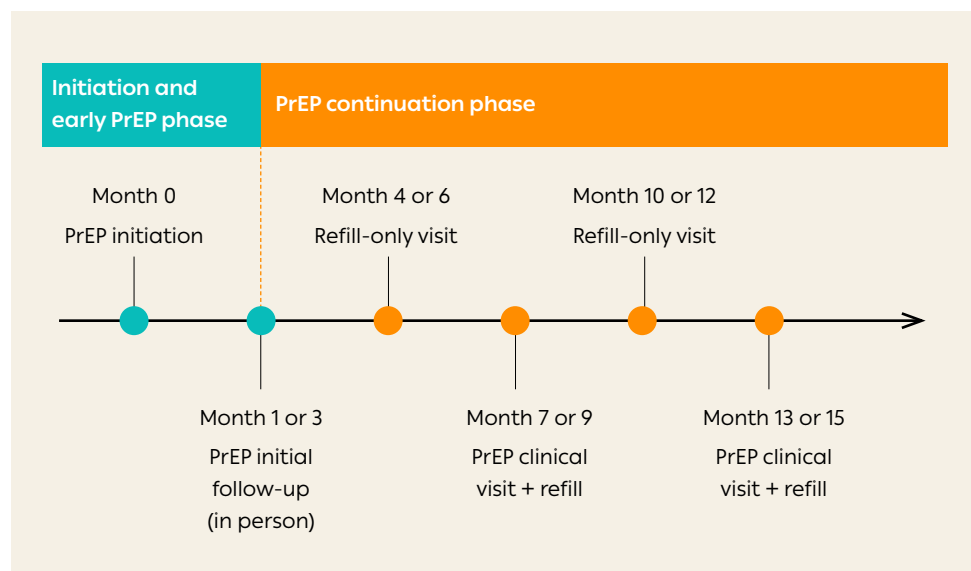
Example policy 7B

Differentiated PrEP service delivery models, by PrEP method

The summary tables in Section 7B define differentiated PrEP service delivery models for the PrEP continuation phase for people suitable for reduced-intensity differentiated PrEP service delivery **by PrEP method**.

In less intensive PrEP models, PrEP refill-only and clinical consultation visits alternate (Figure 2).





Figure 2: Timeline of differentiated PrEP service delivery by visit type



Where additional psychosocial support is indicated or requested by the person using PrEP, psychosocial support can be provided separately (for example, virtual support) or during PrEP refill-only visits (for example, when integrated within a support group environment).









It is important to note that reduced-intensity differentiated PrEP service delivery is not limited to the models outlined in the following tables. These models can be adapted or new models built using the building blocks in Section 6.





For oral PrEP (daily or event-driven)

	Individual models NOT based at facilities		Individual models based at facility		Group models
Model name	Community point ^a	Home delivery	Fast-track ^b 3MMD	Fast-track ^b 6MMD	Support group integrating PrEP ^c
Time on PrEP	1-3 months (after 1st initial in-person follow-up)			12 months	1-3 months (after 1st initial in-person follow-up)
Building blocks	PrEP refills				
 WHEN	3 monthly			6 monthly	3 monthly
 WHERE	Community point	At home	Health facility one-stop fast-track service (pharmacy [HIVST only] or FP or OPD-HTS or ANC or MCH and/or ART ^d)		Community venue or home or health facility
 WHO	Lay provider				
 WHAT					
HIV testing	HIVST (community point self-test booth or home) or rapid test		HIVST (health facility self-test booth or home) or rapid test	1 rapid test + 1 HIVST (home 3 months later) or 2 HIVST (0m [self-test booth at facility or home] + 3m later (home)	HIVST (home or health facility self-test booth)
Service package	Effective use and discontinuation check-in 3-month oral PrEP refill Referral to health facility or nurse if necessary				





	Individual models NOT based at facilities		Individual models based at facility		Group models
Model name	Community point ^a	Home delivery	Fast-track ^b 3MMD	Fast-track ^b 6MMD	Support group integrating PrEP ^c
Building blocks:	Clinical consultations				
WHEN	6 monthly			12 monthly	6 monthly
WHERE	Health facility or community point supported by health facility mobile outreach		Facility service where PrEP initiation took place or service designated for PrEP continuation management ^d		Health facility or community point supported by health facility mobile outreach
WHO	Facility service-based nurse or outreach nurse		OPD or STI or FP or ANC or MCH or ART service-based nurse		Facility service-based nurse or outreach nurse
WHAT					
HIV testing	Rapid test			Rapid test + 1 HIVST (3m later home)	Rapid test
Service package	Follow PrEP clinical guidelines Screen for acute HIV infection (refer to ART service if positive) Screen for and address side-effects Brief review of effective use and sexual risk counselling Discuss PrEP discontinuation and, if choose to discontinue, guide on appropriate approach to discontinuation STI screen and treatment Cr clearance (eGFR): >50 years/co-morbidity/previous result of <90 mL/min For women: FP assessment and aligned scripting				
	6-month PrEP script: 2x3-month PrEP refills Dispense 3-month refill			12-month PrEP script: 2x6-month PrEP refills Dispense 6-month refill	6-month PrEP script: 2x3-month PrEP refills Dispense 3-month refill
Building blocks:	Psychosocial support				
WHEN	Optional link to virtual platform				3 monthly
WHERE					Community venue or group member's home or population-specific health facility service (adolescent corners) or virtual platform
WHO					Lay healthcare worker or trained peer
WHAT	Peer and/or psychosocial support Education on effective use, sexual risk, PrEP methods and discontinuation Demonstration and education on home HIVST and what to do if test positive for HIV				









For vaginal rings

	Individual models NOT based at facilities		Individual models based at facility	Group models
Model name	Community point ^a	Home delivery	Fast-track ^b 3MMD	Support group integrating PrEP ^c
Time on PrEP	1-3 months (after 1st initial in-person follow-up)			
Building blocks	PrEP refills			
 WHEN	3 monthly			
 WHERE	Community point	At home	Health facility one-stop fast-track service (pharmacy [HIVST only] or FP or OPD-HTS or ANC or MCH and/or ART ^d)	Community venue or home or health facility
 WHO	Lay provider			
 WHAT				
HIV testing	HIVST (community point self-test booth or home) or rapid test		HIVST (health facility self-test booth or home) or rapid test	HIVST (home or health facility self-test booth)
Service package	Effective use and discontinuation check-in 3x vaginal ring Referral to health facility or nurse if necessary			
Building blocks	Clinical consultations			
 WHEN	6 monthly			
 WHERE	Health facility or community point supported by health facility mobile outreach		Facility service where PrEP initiation took place or service designated for PrEP continuation management ^d	Health facility or community point supported by health facility mobile outreach
 WHO	Facility service-based nurse or outreach nurse		OPD or STI or FP or ANC or MCH or ART service-based nurse	Facility service-based nurse or outreach nurse
 WHAT				
HIV testing	Rapid test			
Service package	Follow PrEP clinical guidelines Screen for acute HIV infection (refer to ART service if positive) Screen for and address side-effects Brief review of effective use and sexual risk counselling Discuss PrEP discontinuation and, if choose to discontinue, guide on appropriate approach to discontinuation STI screen and treatment For women: FP assessment and aligned scripting 6-month PrEP script: 2x3 vaginal rings Dispense 3 vaginal rings			

	Individual models NOT based at facilities		Individual models based at facility	Group models
Model name	Community point ^a	Home delivery	Fast-track ^b 3MMD	Support group integrating PrEP ^c
Building blocks	Psychosocial support			
 WHEN	Optional link to virtual platform			3 monthly
 WHERE				Community venue or group member's home or population-specific health facility service (adolescent corners) or virtual platform
 WHO				Lay healthcare worker or trained peer
 WHAT	Peer and/or psychosocial support Education on effective use, sexual risk, PrEP methods and discontinuation Demonstration and education on home HIVST and what to do if test positive for HIV			

For PrEP injectable

	Individual models NOT based at facilities ^f	Individual models based at facility
Model name	Community point ^a with injection administration	Fast-track ^b PrEP injectable
Time on PrEP	3 months (after any lead-in completion)	
Building blocks	PrEP injection administration	
 WHEN	2 monthly	
 WHERE	Community points with injection administration capacity	Family planning service or dedicated injection administration room
 WHO	Private pharmacy nurse or outreach nurse or authorized trained provider ^e	FP nurse or dedicated injection administration nurse
 WHAT		
HIV testing	Rapid test	
Service package	Effective use and discontinuation check-in 1x administer injection Referral to health facility/nurse if necessary	

	Individual models NOT based at facilities ^f	Individual models based at facility
Model name	Community point ^a with injection administration	Fast-track ^b PrEP injectable
Building blocks	Clinical consultations	
 WHEN	6 monthly	
 WHERE	Health facility or community point with health facility mobile outreach	Facility service where PrEP initiation took place or service designated for PrEP continuation management ^d
 WHO	Facility service-based nurse or outreach nurse	OPD or STI or FP or ANC or MCH or ART service-based nurse
 WHAT		
HIV testing	Rapid test	
Service package	<p>Follow PrEP clinical guidelines</p> <p>Screen for acute HIV infection (refer to ART service if positive)</p> <p>Screen for and address side effects</p> <p>Brief review of effective use and sexual risk counselling</p> <p>Discuss PrEP discontinuation and, if choose to discontinue, guide on appropriate approach to discontinuation</p> <p>STI screen and treatment</p> <p>For women: FP assessment and aligned scripting</p> <p>6-month PrEP script: 3x injectable</p> <p>Administer 1x injection</p>	
Building blocks	Psychosocial support	
 WHEN	Optional link to virtual platform	
 WHERE		
 WHO		
 WHAT	<p>Peer and/or psychosocial support</p> <p>Education on effective use, sexual risk, PrEP methods and discontinuation</p> <p>Demonstration and education on home HIVST and what to do if test positive for HIV</p>	

Notes:

- a Community points are private or community pharmacies/drug shops, vending machines, fixed community points (including CBO offices and key population drop-in centres) and mobile outreach (for example, to key population hotspots or youth centres).
- b Fast track: For the refill-only visit, the client should not need to report for registration or folder collection and should attend only one service point for a fast-tracked service with no need to see a clinician other than for injection administration.
- c PrEP refills can be integrated into existing support groups established for psychosocial support needs other than PrEP specifically or groups can be specifically formed to deliver and support effective PrEP use.
- d Service location/s should be considered from the PrEP user's perspective. Only providing PrEP services at the ART service has been reported to be undesirable among PrEP users. Consideration should be given to an alternative or additional facility service point.
- e Where a country allows contraceptive injectable to be given by a trained provider (other than professional nurse or doctor).
- f Injectable PrEP could also be provided at home by a mobile outreach nurse for specific target populations in settings with sufficient resource capacity.

Abbreviations:

ANC – antenatal care; ART – antiretroviral therapy; CBO – community-based organization; FP – family planning; HIVST – HIV self-test; HTS – HIV testing services; MCH – maternal and child health; MMD – multi-month dispensing; OPD – outpatients department; STI – sexually transmitted infection

This policy example is linked to the publication, "IAS - the International AIDS Society. *Key considerations in developing policy guidance for differentiated PrEP service delivery: Country policy development brief*. July 2022." available at <https://www.differentiatedservicedelivery.org/Resources/Resource-Library/DSD-PrEP-policy-2022>

Download a word version of an example differentiated PrEP service delivery policy at <https://www.differentiatedservicedelivery.org/Resources/Resource-Library/PrEP-example-policy-word>