

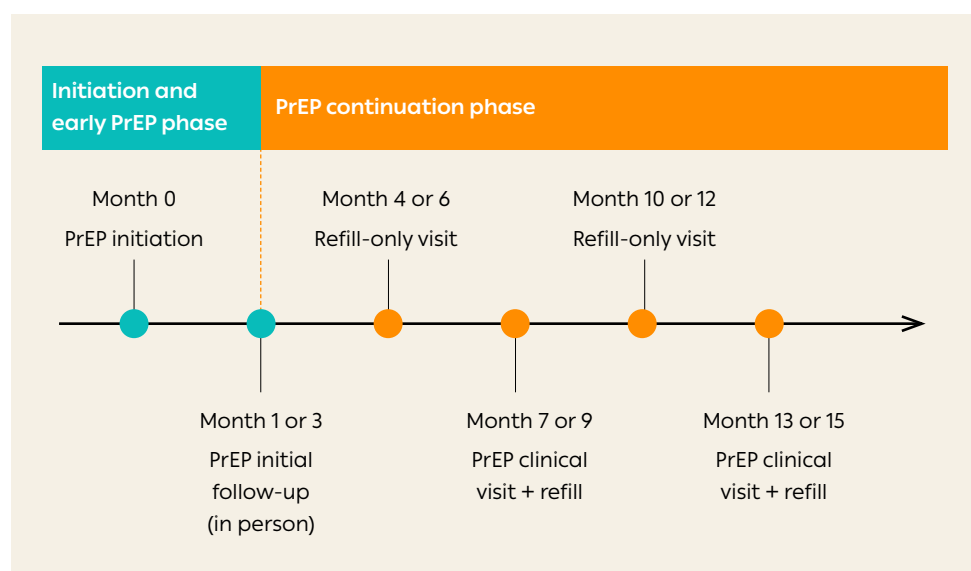
Example policy 7A

Differentiated PrEP service delivery models

The tables in Section 7A define differentiated PrEP service delivery models for the PrEP continuation phase for people suitable for reduced-intensity differentiated PrEP service delivery.

In less intensive PrEP models, PrEP refill-only and clinical consultation visits alternate (Figure 1).

Figure 1: Timeline of differentiated PrEP service delivery by visit type



Where additional psychosocial support is indicated or requested by the person using PrEP, psychosocial support can be provided separately (for example, virtual support) or during PrEP refill-only visits (for example, when integrated within a support group environment).

It is important to note that reduced-intensity differentiated PrEP service delivery is not limited to the models outlined in the following tables. These models can be adapted or new models built using the building blocks in Section 6.

Individual models based at facilities

Table 3: Fast-track 3MMD PrEP





Short model description	<ul style="list-style-type: none"> Fast-track 3-monthly PrEP refill-only collections and 6-monthly clinical consultations At the PrEP refill-only collection, the client should not need to report for registration or folder collection and should be required to attend only one service point for a fast-tracked service with no need to see a clinician. The service should have the capacity to provide a brief adherence and discontinuation check-in. It may also be required to provide rapid HIV testing. 	
Suitable PrEP methods	Daily oral PrEP, event-driven PrEP and vaginal rings	
	PrEP continuation	
	PrEP refill-only	Clinical consultation
 WHEN	3 monthly	6 monthly
 WHERE	One or more of the following: Pharmacy (only if HIVST) Family planning service HTS within OPD department Fast-track STI services (in OPD or elsewhere at facility) ANC, MCH services ART service ^a	Facility service where PrEP initiation took place or service designated for PrEP continuation management ^a
 WHO	Lay provider or pharmacy worker	OPD, STI, FP, ANC, MCH or ART service-based nurse
 WHAT	Effective use and discontinuation check-in HIV testing: HIVST (at facility self-testing booth or home) or HIV rapid testing at facility <u>Oral/ring</u> : 3-month refill (plus HIVST kit) Referral to nurse if necessary	Follow clinical guidelines HIV rapid testing and screen for acute HIV infection (refer to ART service if positive) Screen for and address side-effects Brief review of effective use and sexual risk counselling Discuss PrEP discontinuation and if client chooses to discontinue, guide on appropriate approach to discontinuation STI screen and treatment <u>Oral only</u> : Cr clearance (eGFR): >50 years, co-morbidity or previous result of <90 mL/min For women: FP assessment and aligned scripting 6-month PrEP script <u>Oral/ring</u> : 2x3-month refills

Table 4: Fast-track 6MMD PrEP









Short model description	<ul style="list-style-type: none"> Fast-track 6-monthly PrEP refill-only collection and annual clinical consultations At the PrEP refill-only collection, the client should not need to report for registration or folder collection and should attend only one service point for a fast-tracked service with no need to see a clinician. The service should have capacity to provide a brief adherence and discontinuation check-in. It may also be required to provide rapid HIV testing. 	
Suitable PrEP methods	<ul style="list-style-type: none"> Daily oral PrEP and event-driven PrEP 	
	PrEP continuation	
	PrEP refill-only	Clinical consultations
 WHEN	6 monthly	Annual
 WHERE	Same as PrEP fast-track 3MMD	Same as PrEP fast-track 3MMD
 WHO	Same as PrEP fast-track 3MMD	Same as PrEP fast-track 3MMD
 WHAT	<p>Same as PrEP fast-track 3MMD except:</p> <p><u>Oral only</u>: 6-month refill (plus HIVST kit)</p> <p>Additional HIVST kit to be provided for use in 3 months at home</p>	<p>Same as PrEP fast-track 3MMD except:</p> <p>6-month PrEP script</p> <p><u>Oral only</u>: 2x6-month refills</p> <p>HIVST kit to be provided for use in 3 months at home</p>

Table 5: Fast-track PrEP injectable

Short model description	<ul style="list-style-type: none"> Fast-track two injection administration-only visits and 6-monthly clinical consultations At the PrEP injection administration-only visit, the client should not need to report for registration or folder collection and should attend only one service point for a fast-tracked service (this can be a different facility service point to where the clinical consultation is provided). The service should have capacity to provide a brief adherence and discontinuation check-in and provide rapid HIV testing. 	
Suitable PrEP methods	<ul style="list-style-type: none"> Injectable PrEP only 	
	PrEP continuation	
	PrEP injection administration-only	Clinical consultations
 WHEN	2 monthly	6 monthly
 WHERE	Family planning service or dedicated injection administration room	Facility service where PrEP initiation took place or service designated for PrEP continuation management ^a
 WHO	FP nurse or dedicated injection administration nurse	OPD, STI, FP, ANC, MCH or ART service-based nurse
 WHAT	Effective use and discontinuation check-in HIV rapid testing <u>Injectable only:</u> 1 x PrEP injection Condoms and lube Referral for clinical consultation if necessary	Same as PrEP fast-track 3MMD except: 6-month PrEP script <u>Injectable only:</u> 3x2-monthly injections

^a Service location/s should be considered from the PrEP user's perspective. Only providing PrEP services at the ART service has been reported to be undesirable among PrEP users. Consideration should be given to an alternative or additional facility service point.

Individual models not based at facilities (community-based models)

Table 6: Community points (fixed community points, including private or community pharmacies, and mobile outreach)













Short model description	<ul style="list-style-type: none"> PrEP refill-only collection at community points (private or community pharmacies or drug shops, vending machines, fixed community points, including CBO offices and key population drop-in centres, and mobile outreach, including to key population hotspots or youth centres) The community point will be required to provide a brief adherence and discontinuation check-in (can be virtual). Does not need to have capacity to provide HIV rapid testing. <p><i>Designated community points for HIV treatment ART refills should also provide PrEP refill collection.</i></p>	
Suitable PrEP methods	Daily oral PrEP, event-driven PrEP and vaginal rings	
	PrEP continuation	
	PrEP refill-only	Clinical consultations
 WHEN	3 monthly	6 monthly
 WHERE	Community points (private or community pharmacies or drug shops, vending machines, fixed community points, including CBO offices and key population drop-in centres, and mobile outreach to key population hotspots or youth centres)	Health facility or mobile outreach to community point
 WHO	Lay healthcare worker, CBO provider or pharmacy worker	Facility service-based nurse or outreach nurse
 WHAT	Same as facility fast-track PrEP 3MMD May only support HIVST kit provision (not HIV rapid testing)	Same as facility fast-track PrEP 3MMD

Table 7: Community points, including injection administration

Short model description	<ul style="list-style-type: none"> PrEP injection administration-only visits can take place at community points (private pharmacies or drug shops, CBO offices and key population drop-in centres and mobile outreach to key population hotspots or youth centres). The community point will be required to have an on-site service provider authorized to give intramuscular injections. Injection administration-only visit dates can be aligned with health facility outreach dates. 	
Suitable PrEP methods	Injectable PrEP	
	PrEP continuation	
	PrEP injection-only	Clinical consultations
 WHEN	2 monthly	6 monthly
 WHERE	Community points with injection administration capacity	Health facility or mobile outreach to community point
 WHO	Private pharmacy nurse or outreach nurse or authorized trained provider ^b	Facility service-based nurse or outreach nurse
 WHAT	Same as facility fast-track PrEP injectable	Same as facility fast-track PrEP injectable

^b Where country allows contraceptive injectable by trained provider (other than a professional nurse or doctor)





Table 8: Home delivery

Short model description	PrEP refill collected by intermediary at health facility or community point and delivered to the person using PrEP at home. The collection can be carried out by a CBO, community health worker or authorized private service provider.	
Suitable PrEP methods	Daily oral PrEP, event-driven PrEP and vaginal rings ^c	
	PrEP continuation	
	PrEP refill-only	Clinical consultation
 WHEN	3 monthly	6 monthly
 WHERE	Home	Facility or mobile outreach to community point
 WHO	CBO or community health worker or an authorized private service provider	Nurse or outreach nurse
 WHAT	Same as facility fast-track PrEP 3MMD, either with HIVST kit delivery with PrEP refill or home rapid testing (if provider capacitated to test)	Same as facility PrEP fast-track 3MMD

^c Injectable PrEP could also be provided at home by a mobile outreach nurse for specific target populations in settings with sufficient resource capacity.

Group models

Table 9: Support groups integrating PrEP refills

Short model description	<ul style="list-style-type: none"> PrEP refills are provided in a group environment by either a lay healthcare worker or trained peer, commonly in a community setting. PrEP refills can be integrated into existing support groups established for psychosocial support needs other than PrEP specifically, or groups can be specifically formed to deliver and support PrEP effective use. 		
Targeted populations	<ul style="list-style-type: none"> All populations already benefitting or who would benefit from psychosocial support through a group environment with a particular focus on key population groups, adolescents and young people and post-natal women 		
	PrEP continuation		
	PrEP refill (can also be separated from psychosocial support)	Clinical consultations	Psychosocial support
 WHEN	3 monthly	6 monthly	3 monthly (can be more frequent using virtual platforms)
 WHERE	Community venue Group member's home Health facility	Health facility or mobile outreach to community point	Community venue Group member's home Population-specific health facility service (e.g., adolescent corners) Virtual platform
 WHO	Lay healthcare worker or trained peer	Facility-based nurse or outreach nurse	Lay healthcare worker or trained peer
 WHAT	Same as facility fast-track PrEP 3MMD except: HIVST kit provided for home use	Same as PrEP fast-track 3MMD	Peer support Population specific psychosocial support Education on effective use, sexual risk, PrEP methods and discontinuation Demonstration and education on home HIVST and what to do if test HIV positive

ANC – antenatal care; ART – antiretroviral therapy; CBO – community-based organization; FP – family planning; HIVST – HIV self-test; HTS – HIV testing services; MCH – maternal and child health; MMD – multi-month dispensing; OPD – outpatients department; STI – sexually transmitted infection