

## Example policy 6

# Building blocks for differentiated PrEP service delivery components




The building blocks for the components of differentiated PrEP service delivery are outlined in Table 2. These building blocks (WHEN - service frequency, WHERE - service location, WHO - service provider, and WHAT - package of services) may be utilized to adapt an existing model or build a new model appropriate to a target population or geographical context.


The right-hand "continuation" section of the table defines building blocks for people using PrEP beyond a short duration and who are assessed as suitable (see Section 5 above).

When someone is not suitable for less intensive differentiated PrEP service delivery during the continuation phase at the time of assessment, they should be offered extended PrEP refills combined with clinical consultations. Unless clinically indicated, they should not be required to make frequent clinical visits. Oral PrEP or dapivirine vaginal ring refills with a clinical consultation should be three-monthly and, for those receiving long-acting injectable cabotegravir, two-monthly combined visits. Additionally, clients should be reassessed for suitability for less intensive differentiated PrEP service delivery models at every visit.

**Table 2: Building blocks for differentiated service delivery for assessment, initiation and early follow-up (0-3 months) and PrEP continuation (>3 months)**

ANC – antenatal care; ART – antiretroviral therapy; FP – family planning; HIVST – HIV self-test; HTS – HIV testing services; MCH – maternal and child health; NCD – non-communicable disease; OPD – outpatients department; PEP – post-exposure prophylaxis; PNC – perinatal care; STI – sexually transmitted infection

PrEP assessment, initiation and early follow-up (0-3 months)			PrEP continuation (for people suitable for less intensive PrEP service delivery). Where unsuitable, people should as a minimum be offered combined clinical consultations and PrEP refills 3-monthly (oral/ring) or 2-monthly (injectable).		
	PrEP assessment (after negative HIV test result)	PrEP initiation/re-initiation <sup>c</sup>	Initial clinical follow-up	PrEP refill/injection only	Clinical consultation
 WHEN	Immediately after HIV testing  (or can be offered at time of demand creation for HIV testing to PrEP-eligible population)	Same-day initiation following PrEP offer acceptance if available on site  If not possible for person to attend PrEP initiation site on the same day, within 7 days of HTS	<u>Oral/ring</u> : 1 month post-initiation IN PERSON OR 1 month post-initiation VIRTUAL and 3-month post-initiation IN PERSON  <u>Injectable</u> : 1 month post-initiation IN PERSON (can be monthly until month 3 to allow for monthly lead-in injections)	3 monthly (2 monthly for injectable)  ( <u>Oral only</u> : 6 monthly for prolonged duration assessed as suitable)	6 monthly  ( <u>Oral only</u> : 12 monthly for prolonged duration assessed as suitable)
 WHERE	All HIV testing locations – community or facility	Community outreach location  Specified facility HTS services (FP service or OPD-HTS service or STI service, if standalone from OPD, or ANC-MCH service or ART service <sup>a</sup> )  Community pharmacy or drug shop	Virtual or community points supported by outreach services  Facility service where initiation took place	<b>Community-based:</b> Community point (e.g., pharmacy, drop-in centre, mobile outreach or home delivery)  <b>Facility-based:</b> Service designated for fast-track refill collection and/or injection administration (e.g., family planning or pharmacy, if HIVST)	Community point supported by outreach services  Facility service where initiation took place  <i>Service package components can also be provided virtually through telemedicine approach</i>
 WHO	All healthcare workers providing HTS, including lay healthcare workers (or peers distributing HIVST kits)	Outreach nurse <sup>b</sup>  Facility-based nurse <sup>b</sup> (FP nurse, OPD designated nurse supporting HTS service, STI nurse, ANC nurse, PNC nurse or ART nurse)  Private sector pharmacist	<b>In person:</b> Outreach nurse <sup>b</sup> or facility-based nurse <sup>b</sup>  <b>Virtual only:</b> Trained and supervised lay healthcare worker	Trained lay healthcare worker, pharmacy worker or peer  (for injectable – stipulate authorized provider to administer injection)	Outreach nurse <sup>b</sup> or facility-based nurse <sup>b</sup>

	<p>PrEP demand creation</p> <p>PrEP initial eligibility assessment based on country criteria</p> <p>PrEP offer</p> <p>Immediate referral and navigation to nurse for PrEP initiation (if available on site or person can attend initiation site elsewhere)</p> <p>Alternatively, offer PrEP initiation site options and schedule appointment within 7 days</p>	<p>Confirm PrEP eligibility assessment</p> <p>Screen for PEP eligibility (with plan for transition to PrEP upon PEP completion and HIV re-testing)</p> <p>Screen for acute HIV infection</p> <p>Effective use and discontinuation counselling<sup>c2</sup></p> <p>Sexual and substance use risk reduction counselling<sup>c1</sup></p> <p>Assessment of intended PrEP use duration (short, moderate or prolonged duration)</p> <p>Assess and offer appropriate methods (daily oral, event-driven oral, ring or injectable)<sup>c2</sup></p> <p><b>Depending on timing of in-person initial follow-up:</b></p> <p><u>Oral or ring:</u> 1- or 3-month script and refill (and HIVST kit for home use)</p> <p><u>Injectable:</u> 1-month injectable script and injection (for lead in)</p> <p><b>The following package components can be shifted to initial in-person follow-up visit if initiated in community:</b></p> <p>Hepatitis B surface antigen (HBsAg)<sup>c1</sup></p> <p>STI screening and treatment</p> <p>Urine pregnancy test</p> <p>FP counselling and access to contraception<sup>c2</sup></p> <p>Condoms and lube</p>	<p><b>Virtual and in person</b></p> <p>HIV testing (can be HIVST<sup>d</sup>)</p> <p>Screen for acute HIV infection</p> <p><u>Ring only:</u> check on insertion</p> <p>Address side-effects</p> <p>Brief review of effective use</p> <p>Discuss PrEP discontinuation and if client chooses to discontinue: guide on discontinuation</p> <p><b>Virtual only</b></p> <p>Recall to facility if abnormal results and/or suboptimal fit for ring</p> <p><b>In person only</b></p> <p><u>Oral only:</u> &gt;30 years or co-morbidity: Cr clearance (eGFR)</p> <p>HBV vaccine if uninfected and unvaccinated</p> <p>If client chooses to continue PrEP: Suitability assessment and offer for less intensive PrEP continuation</p> <p>6-month script</p> <p><u>Oral/ring:</u> 2x3-month refills</p> <p><u>Injectable:</u> 3x 2-monthly injections</p> <p>Condoms and lube</p>	<p>HIV testing (<i>can be HIVST<sup>d</sup> for home use with demonstration and guidance on what to do if screen HIV positive</i>)</p> <p>Effective use and discontinuation check-in</p> <p><u>Oral:</u> 3-6-month refill</p> <p><u>Ring:</u> 3-month refill</p> <p><u>Injectable:</u> 1 x PrEP injection</p> <p>Condoms and lube</p> <p>Referral if necessary</p>	<p><b>Follow PrEP clinical guidelines</b></p> <p>HIV testing</p> <p>Screen for acute HIV infection</p> <p>Screen for and address side-effects</p> <p>Brief review of effective use and sexual risk counselling</p> <p>STI screen and treatment</p> <p><u>Oral only:</u> Cr clearance (eGFR): &gt;50 years, co-morbidity or previous result of &lt;90 mL/min:</p> <p>Discuss PrEP discontinuation and if client chooses to discontinue: guide on discontinuation</p> <p>Manage NCDs and other co-morbidities</p> <p>For women: FP assessment and aligned script</p> <p>6-12-month PrEP script</p> <p><u>Oral:</u> 2x3-6-month refills</p> <p><u>Ring:</u> 2x3-month refills</p> <p><u>Injectable:</u> 3x2-monthly injections</p>
---	--	--	---	--	---

- a Service location/s should be considered from the PrEP user's perspective. Only providing PrEP services at the ART services is frequently reported to be undesirable among PrEP users.
- b All nurse cadres can prescribe and manage PrEP after PrEP orientation training and do not require comprehensive ART management training.
- c Re-initiation package components that need 1) not be repeated or 2) can be abbreviated.
- d HIVST endorsed for use in PrEP includes XXX (insert country approved HIVST for PrEP use).