

# Bringing PrEP to the people: Democratizing access to PrEP through differentiated delivery before, during, and after COVID-19

## Where is PrEP headed?

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# Lessons learned from DSD for HIV treatment that can be applied to PrEP

- Client-centeredness – different needs for different people
- Diversity of needs of clients, that can be addressed by adapting delivery
- Frequent clinical contact does not necessarily improve adherence and retention
- Clinical consultations can and should be considered separately to prescription refills
- Not all care needs to be at health facilities with clinical staff
- Reduced costs for clients (both financial and time) and support clinical staff in focusing time on those most in need
- Care needs change over time – and should be adapted as such
- Differentiating service delivery can support good client outcomes

# Specific examples of DSD approaches

- Simplifying service delivery
  - Same-day initiation
  - Multi-month dispensing
- Community task-shifting
  - Community-based support groups, refill distribution
  - Peer outreach, navigators
- Improving facility client-centeredness
  - ‘Fast-tracking’ clients at facilities
  - Telehealth

# Building blocks of differentiated PrEP

## *Adapting the when, where, who and what*

Longer PrEP refills

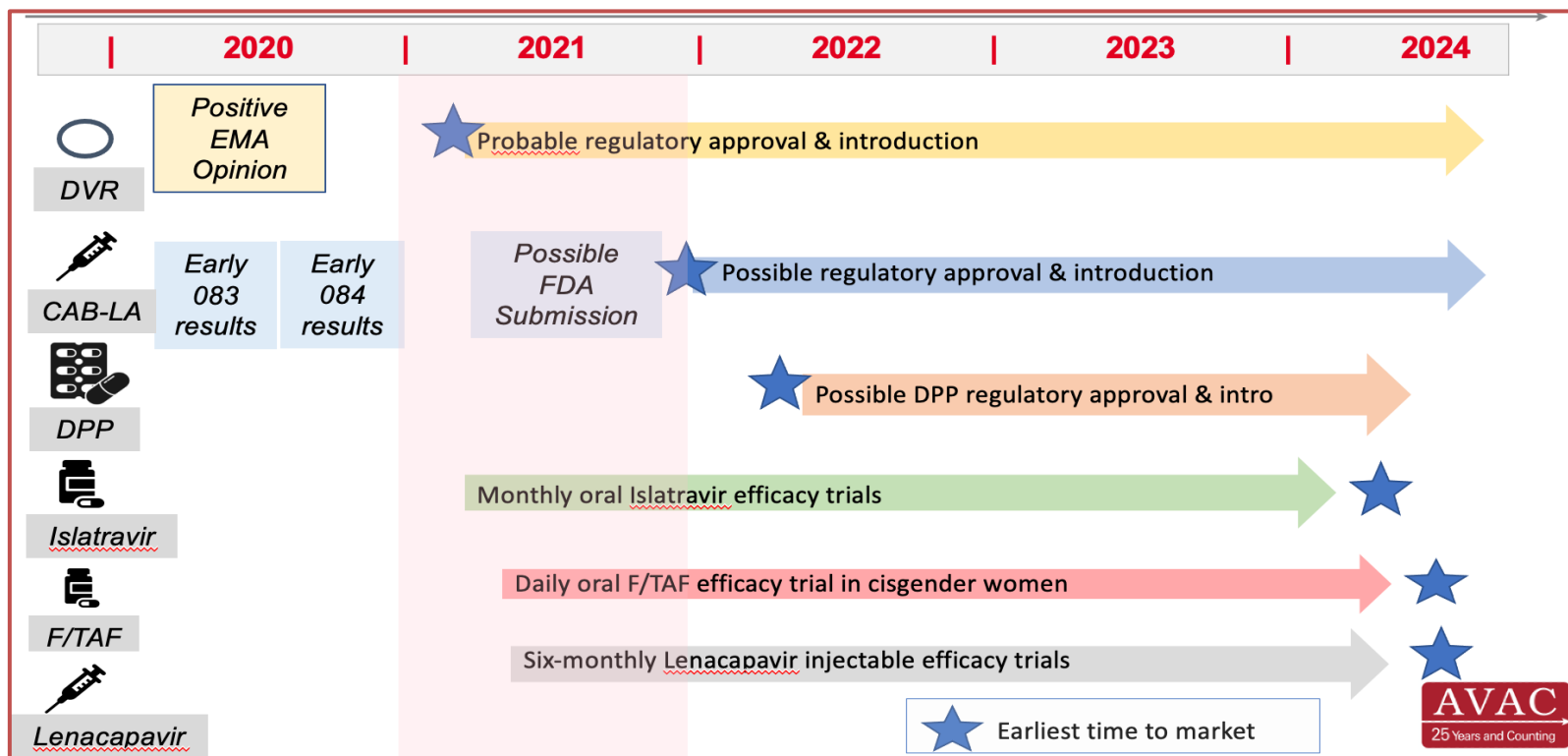
Support by peers, experts clients, community health workers, nurses, pharmacists



Decentralized and closer to home (e.g. drop-in center, pharmacy, at home, community-led)

PrEP refills and comprehensive health services

# Diverse options AND diversified delivery



# PrEP for today and for the future

- Build the evidence for diversified delivery approaches for oral PrEP to shape implementation science agenda for products in the pipeline
- Having more HIV prevention options will require more client-centred care
- Integration of HIV/STI prevention (treatment) and family planning and other health services
- Differentiated service delivery can help address social determinants that impede access to existing and new HIV prevention products