



Ingrid Katz, GHSD/PEPFAR, United States

Maaya Sundaram, Gates Foundation, United States

# **Building forward: Differentiated service delivery as a catalyst for sustained and integrated HIV services amid funding**



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# Welcome from the session co-chairs



**Ingrid Katz**  
GHSD/PEPFAR  
United States



**Maaya Sundaram**  
Gates Foundation  
United States



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# Background

- Over the past decade, countries have made significant strides in adopting and scaling up differentiated service delivery (DSD) models across the HIV cascade.
- However, the abrupt shift in global HIV funding—particularly the US foreign aid cuts and policy shifts—now threatens this progress.
- This session will explore how countries are responding to these financial pressures, with a focus on the evolving role of DSD in building a sustainable HIV response.



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# Session overview

- Highlight how decisions around prioritizing clinical and service delivery elements are being made – featuring voices from ministries of health, civil society, and donor agencies
- Examine the place of DSD within broader health systems, particularly in relation to provide the integrated primary care package through DSD
- Present emerging data on how the funding freeze is impacting existing DSD models and hear early insights into whether DSD remains part of countries' minimum service packages





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# Part 1 – Opening and framing



## Welcome and framing remarks

Ingrid Katz, GHSD/PEPFAR, United States  
Maaya Sundaram, Gates Foundation,  
United States



## Confronting a new reality for HIV service delivery

Anna Grimsrud, IAS, South Africa



# Part 2 – Lessons from countries



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**Lessons from Zambia: DSD plans and agreeing on a minimum package**

Suilanji Sivile Ministry of Health, Zambia



**Lessons from Uganda: DSD plans and integration**

Mina Nakawuka, Ministry of Health, Uganda



**Lessons from South Africa: Impact of funding cuts on service delivery**

Ndivhuwo Rambau, Ritshidze, South Africa



**Lessons from Malawi: DSD plans and agreeing on a minimum package**

Stephen Macheso, Ministry of Health, Malawi



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# Part 3 – Panel discussion



## Co-chairs



**Ingrid Katz**  
GHSD/PEPFAR  
United States



**Anna Grimsrud**  
IAS  
South Africa

## Panelists



**Kenneth Mwehonge**  
HEPS-Uganda  
Uganda



**Sam Phiri**  
Partners in Hope  
Malawi



**David Kamkwamba**  
Network of Journalists  
Living with HIV  
Malawi



**Gugu Shabangu**  
National Department of  
Health  
South Africa



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# DSD

A **public health approach** that simplifies/adapts HIV services to **client needs** across the cascade

Implemented to reduce unnecessary burden and improve efficiency of the **health system** – by reducing the frequency of clinical and ART refill collection visits

Structured around clinical stability, population grouping and/or context epidemiology

**Not individually tailored care but still client-centred**



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# Self-care

**Self-care is the ability of individuals, families, and communities to promote health, prevent disease, maintain health, and cope with illness with or without a health worker.**

Scope includes health promotion, disease prevention/control, **self-medication**, care for dependents, **seeking care when needed**.

Self-care interventions are tools (drugs, devices, diagnostics, digital tools) that support self-care, used **fully or partially outside formal health services, with or without a health worker.**

**WHO guideline on self-care interventions for health and well-being, 2022 revision**





**DSD**

**Self-care**

- Enable clients to manage treatment between infrequent visits
- Leverage out-of-facility points
- Utilize family & self-formed group management
- Use self-determination to seek care as needed
- Trust in self-management



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# Examples of DSD & self-care

- Long multi-month dispensing (MMD) and scripting
- Decentralized distribution through community service locations and private pharmacies
- Family and self-formed group refills
- Clients only attending clinic when unwell or requiring guidance (Self-determination to seek care as needed)
- Digital tools to support risk assessment, adherence and symptom tracking





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# Questions to consider

- Will countries embed DSD into their primary care strategies?
- What is the future of out-of-facility DSD models?
- Will DSD support the scale-up of future innovations in HIV drug delivery?
- Can we increase understanding of the bridge between DSD and self-care?

